

# Insights

## TRANSITION PLANNING: QUESTIONS TO CONSIDER



When thinking about transition from high school, sometimes it is helpful to start the process with a list of questions to act as a springboard for discussion. The following questions can guide the IEP team in transition planning for young adults with ASD anticipating life beyond high school.

1. To what degree is the individual self-determined—that is, able to make personal decisions and accept responsibility for those decisions?
2. What is the student's and family's vision for this person's future?
3. Where does he or she wish to live and work as an adult?
4. What critical skills and abilities are needed to create an enviable life for this person?
5. What skills and abilities does the student currently possess that match his or her vision?
6. What additional training or skills does the individual require in order to fulfill his or her vision?
7. Is this person able to live independently and care for him- or herself?
8. What is the depth of the student's experiences in the community and world of work?
9. What resources are available that will increase the likelihood that this individual will achieve his or her vision?
10. What experiences, linkages, and resources are needed to ensure a smooth transition to adult life?

SOURCE: Adapted from C. Schall, P. Targett, and P. Wehman, "Application for Youth With Autism Spectrum Disorders," in P. Wehman (Ed.), *Life Beyond the Classroom*, 5th ed., (Baltimore, MD: Paul H. Brookes, 2013), p. 457.